



Are you looking for something to do as a family?

Then join Strengthening Families!

We are strong families who care about each other & have fun together!



Who: Families with children between the ages of 6 and 11

When: Tuesdays - 3/2, 3/9, 3/16, 3/23, 3/30, 4/13, 4/20, 4/27, 5/4, 5/11, 5/18, 5/25, 6/1, 6/8

Time: 6:00 - 8:00

Contact: Jan Ramos / 201-740-7081 / jramos@cafsnj.org

This **free**, fun, virtual and interactive 14-week program uses games and family activities to build on family strengths making them stronger.

- Each family will receive dinner (on a night different than the program) as part of a family fun night.
- Graduating families will receive a \$100 Gift card.

Many parents have found that this program has helped them to connect with other parents, understand their youth more, and communicate better as a family.

Many of the youth have found that this program helped them to resist peer pressure, taught them about drugs and alcohol, and helped their families connect.

Agenda

Parent Activity: 6:00-6:45

Youth Activity: 6:45-7:30

Family Activity: 7:30-8:00

The only requirement for this program is having a child between the ages of 6 and 11.

Registration Required!

The Center for Alcohol and Drug Resource,
a program of Children's Aid and Family Services
201-740-7081 | [E-mail](#) | [Website](#)

Connect with us

